

Activities Unlimited

Volume XXXVI Issue XII

January, 2023

Activities Unlimited General Meeting Tuesday, January 10, 2023, 1:45pm Wyckoff Reformed Church, Heneveld Hall 580 Wyckoff Ave., NJ 07481

General Meeting Guest Speaker:

Our speaker for January is Curt Springstead; he is from AARP. His topic is Downsizing & Decluttering: “you can’t take it with you”. Thank you Jim Atieh for booking Curt. Any questions please feel free to call Jim.

Curt is also a Certified Mentor with SCORE. As such Curt helps start-up and businesses needing strategic guidance in all areas of business. Curt’s area of expertise is technology infrastructure.

At the December General Meeting \$150 was collected for the Wyckoff Reformed Church Food Pantry.

NOTE FROM THE PRESIDENT

I would like to thank **Doug Cooper** for his selfless service to Activities Unlimited as president for 2022. He led us through a challenging year of recovery from the Covid Pandemic.

The good news for 2023 is that effective January 1st we are returning to the Wyckoff Reformed Church for General Meetings and now have use of many other rooms for club meetings and activities. The entire third floor has been beautifully renovated into three meeting areas, two of which have large screen smart TV’s and internet access.

This return comes with a few restrictions. Since meeting areas are adjacent to the school, safety protocols require that we isolate ourselves from access to the school while it is in session. Therefore, 1) access to Heneveld Hall cannot begin until 12:30. General Meetings will begin at 1:45pm to allow the Band to have setup and breakdown time; 2) access to Heneveld Hall can only be through the entrance closest to Wyckoff Ave. 3) the entrance door cannot be left open. We will place a greeter at the door to admit AU members and guests.

I also hope that all of you are having a Happy Holiday, and have a Happy and Healthy New Year. This new year allows us to return to the face-to-face fellowship that was the original mission when Activities Unlimited was formed. As current members return and new members join AU, please make them welcome and share the experiences that are available in our great variety of clubs and special events.

Again, Happy New Year to All,

Harry Bennett

Membership dues for 2023 were due December 31, 2022, and are now overdue. If not yet paid, send your check for \$50.00, payable to “Activities Unlimited”, with “2023 dues” in the memo line, to: **Tony Dilorgi**, 113 Schindler Ct., Parsippany, NJ 07054. Tony is our new Assistant Treasurer.



Trips & Tours



Contact **John Caikowsky**: johncaikowsky@optonline.net or call 973-599-1056

2023 events being planned:

March — MARK YOUR CALENDARS!!

Wednesday March 8, 2023, 11:00AM-3:00 PM, at The Brownstone, 351 West Broadway,
Paterson NJ,

“MOMENTS TO REMEMBER”

Sing those memorable songs! Dance and swing to those favorite tunes!

Jersey Dreamers (Joe Zisa and Friends) is hosting another fun afternoon of dance, delicious luncheon and music event at The Brownstone. Come join the fun!

Enjoy a family-style meal of pasta, salad, boneless beef short ribs, roasted chicken, vegetable, potato and dessert. Beverages included are soda and coffee provided at the table. Tea and beer will be provided upon request at no charge.

Please send your check in the amount of \$58.00 pp (tip and 1 FREE DRINK are included in this price). Checks to be received NO LATER THAN Friday, March 3, 2023. Please include your cell phone number on your check. Send to **Bob LaSalvia**, 80 Glasgow Terrace, Mahwah, NJ 07430, 201-529-4784.

May — Spring luncheon.

June— A repeat of the highly successful summer picnic at the Wyckoff YMCA.

September — AU Social.

October — Annual breakfast / General meeting at the Brick House

December — AU Christmas Dinner / Dance.



ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2023 OFFICERS



Harry Bennet
President
201-891-9527



Jim Atieh
1st Vice President
201-315-5346



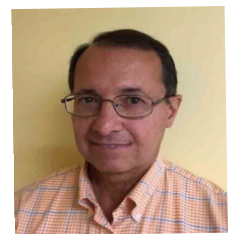
Tom Donch
2nd Vice President
201-315-5346



Rich Bernarde
Secretary
201-337-5238



Mike Kelley
Treasurer
973-839-6470



Anthony DiIorgi
Assistant Treasurer
973-428-0431

COMMITTEES & CLUBS				COMMITTEES & CLUBS			
Click on BLUE Group name to go to it's web page				Click on BLUE Group name to go to it's web page			
GROUP	CONTACT	PHONE	MEETING	GROUP	CONTACT	PHONE	MEETING
AU Guvs Band	John DeSantis	201-447-0256	1,3&4 Wed 9 am Midland Pk VFW	Luncheon	John Abrahamsen	john.abrahamsen.bnp@gmail.com 201-739-8589 Selected restaurants by invitation only	
Bocce	Walt Widmer	201-562-8666	M,W,F 1:00 pm Ramsey Courts, Oak St		Mark Cohen		
Book Club	Walt Widmer Marty Valerio	201-447-3718 201-394-2938	Walt W's House 38 Hamilton St., Allendale	Membership	Dave Voehl Dick Hensch	973-227-6981 201-891-1309	
Database Committee	John Abrahamsen Jim Webb	201-739-8589 201-337-7982		Newsletter	Tom Van Lenten	201-248-7207	
Dup. Bridge Rub.	Tom Meloro	201-560-0169	Every Wed 1 pm Larkin House On Hold	Pickleball	Ken Frisco Tim Tracy	201-848-5595 201-560-8911	Mon, Wed & Fri 8:30am Wyckoff Public Tennis Courts
Care-Concern	Anthony Dilorgi	973-428-0431		Project Outreach	Joe Pullaro	201-337-0018	
Chaplain	Rev Andy Kadzban	201-485-8589		Photography	Murry Perl Sam Ohan	201-446-7357 201-825-0437	1st Tue 10:30 am Midland Pk VFW
Computer Technology	Don Kirkpatrick Fred Theile	201-337-5666 201-825-7541	4th Tue 10:00 am Midland Pk VFW	Public Discussion	Walt Widmer Tom Butler	201-562-8666 201-934-8161	OEM Bldg. Municipal Com- plex, Franklin Ave. Franklin Lakes
Garden	Fred Theile	201-981-1801	1st Tue 1:00 pm Midland Pk VFW	Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Golf	Bill Bryne Jim Webb	201-447-5064 201-337-7982	Tues & Thur. 10:50 Paramus Golf Club	Science	Marc Bernhardt Jack Yurasek	201-788-7711 201-337-4433	3rd Tue 1:00 pm Midland Pk VFW
Long Hiking Short	Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00 am WRC-Parking Lot	Skiing	Bud Brooks	201-327-6649	Snow
Historian	TBD			Sponsor Liaison	Jim Mallen	201 835-7737	
History	Pablo Catangay Tony Mastandrea	201-684-1217 201-327-8832	4th Tue 1:00 pm Midland Pk VFW	Stock	Frank Nusspickel John Abrahamsen	201-891-9099 201-848-8037	1st & 3rd Tues. 9:00 am Midland Pk VFW
Investment Study	Dennis LaBarbera	201-391-0471	3rd Wed 1:00 pm Midland Pk VFW	Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M, W & F Time & Place Seasonal
SPONSORED BY THE WYCKOFF REFORMED CHURCH				Trips/Tours	John Caikowsky Don Wasson	973-599-1056 201-891-1873	2nd Tue 9:00 am Midland Pk VFW
				Web-Master	Don Kirkpatrick	201-337-5666	

Club Activities

BOCCE

All AU members are invited to join the Bocce group at the Ramsey Courts, Oak St., Games are on Monday, Wednesday & Friday at 1:00pm. It's easy & it's fun. Call **Walt Widmer** with any questions—201-562-8666, walterhwidmer@gmail.com.

Computer Tech. Club

Our next meeting is on January 24, via Zoom and in Person The main topic to be determined. Please forward to **Don Kirkpatrick** suggested topics for future meetings. 201-759-3975; dakikpt@verizon.net

Golf Club

The Golf Club held its annual awards luncheon on December 8, 2022. It was held at "Taverna on the Green" in Paramus. 22 golfers attended the luncheon which was organized by **Doug**

History Club

The next History Club meeting is on January 24, 2023. The meeting is at the Midland Park VFW Hall. This is an "in person" meeting. **Pablo A. Catangay** is the presenter. Topic: "THE HISTORY OF CARDIAC SURGERY- Evolution, growth, development and advances in Heart Surgery."

Pablo Catangay can be reached at: 201-6841217; pcata123@optimum.net

Public Discussion

The Discussion Club will meet on Wednesday, January 11, 2023, at 10:00 am. Location: OEM Bldg. Municipal Complex, Franklin Ave., Franklin Lakes, NJ. Topics: 1. Prisoner exchange. The recent exchange of Griner for Victor Bout raises several issues: Why Giner instead of another American in a Russian jail? Was it a fair, equivalent exchange?

2. The Southern border is being overrun. It's clearly broken. Can it be fixed? Can Congress formulate a workable immigration policy?
3. Violent crime has escalated over the last few years. Murder in Chicago has reached record levels. What accounts for this surge? Are there policies that would reverse the trend?

Questions: Call **Walt Widmer**-201562-8666; waltwid-

Trips & Tours

The next meeting of Trips & Tours will be January 10, 2023 at the Midland Park VFW at 9:30.AM (Also, see page 2) If you would like to join T&T, please contact **John Caikowsky** at: johncaikowsky@optonline.net or 973-599-1056

Welcome New Members

Name(Spouse)	Address	Interests	Phones/Email/(Occupation)
Travis Peace (Maggie Raywood)	8400 Boulevard East North Bergen, NJ 07047	Band	H: 201-861-8603 C: 201-401-4721 travispeace9@msn.com (Manager)
Chinwalla N Eban (Uma)	551 Colonial Rd Franklin Lakes, NJ 07417	Book, Computer, Discussion, Trips & Tours	H: 201-848-8325 C: 201-406-0500 echinwalla@hotmail.com (Engineer)
Emil R Salvini (Nancy)	4 Rising Trail Lane Franklin Lakes, NJ 07417	Book, Discussion, Golf, Histori- an, History, Investment, Photog- raphy, Stock Club, Transporta- tion, Bocce	H: 862-371-7177 C: 862-371-7177 veritasguy@gmail.com (Business Owner)
Tom V O'Neil (Barbara)	173 Mountain Ave Hawthorne, NJ 07506	Bridge, Discussion, Gardening, History, Trips & Tours	H: 973-636-9398 C: 201-602-8582 oneiltv@aol.com (Public Relations Executive)
Joseph L Cuomo (Eileen)	14 Foothills Lane Oakland, NJ 07436	Short Hikers, Golf, Investment, Luncheon, Stock Club	C: 201-669-0217 jlcnj41@gmail.com (VP Finance)
Richard Zilli	280 Prospect Ave, Apt 4K Hackensack, NJ 07601	Bridge, Bridge Duplicate, Com- puter, Discussion, History, In- vestment, Luncheon, Stock Club, Trips & Tours	C: 646-734-5945 rzilli@aol.com (Executive)

The Golf Club



Left to right: **Jim Webb, Dennis Labarbera, John Bishop, Bob Desrosiers, Tony Delfico** and **Gasper Lesznik** proudly display their trophies.

The **Golf Club** held its annual awards luncheon on December 8, 2022. It was held at “Taverna on the Green” in Paramus. 22 golfers attended the luncheon which was organized by **Doug Cooper**.

Many golfers go their entire lives never getting a “Hole in One”. **Gasper** was able to do it **TWO** times in 2022. Congratulations!!!





The Short Hiking Club

On December 2, a beautiful winter day, the Short Hiking Club hiked around Tiorati Lake, in Harriman State Park, New York.





The Short Hiking Club



On December 19, led by **Fred Theil**, the Short Hikers hiked the Forest Trail, along the cliffs 570 feet above the Hudson River. It was a beautiful sunny day.



The Lighter Side



"I've crunched the numbers in your retirement account. It's time to figure out who will be wearing the mask and who will be driving the getaway car."



"This should keep you going while I'm on vacation."